

# The Path to Recovery for ATR (Access to Recovery) Participants

September 1, 2017 – January 31, 2019\*



5,517 Individuals Enrolled in ATR\*

How ATR Funds Services for Participants

## RECOVERY PLANS

9 ATR Coordinators supported 5,517 participants to develop, implement and monitor progress on recovery plans



### BASIC NEEDS

**\$1,669,727** was spent on purchases for basic needs, including 4,146 supervised shopping trips  
**\$498,008** for 4,956 transportation passes  
**\$38,862** paid to RMV for 761 people to receive new state IDs, driver's licenses, etc.

### ATR COORDINATION

**33,102** contacts with participants by 9 ATR Coordinators averaging 1,947 monthly check-ins  
More than **47,000** vouchers authorized and 4,334 checks written for ATR services managed by 9 ATR Coordinators



Coordinated Care



### HOUSING

**\$43,390** worth of housing support for sober homes, apartments or utilities for 198 people

### EDUCATION

**\$39,195** for educational programs for 339 people



### HEALTH & WELLNESS

**\$4,254** for health and wellness activities for 62 people



Support and Encouragement



### RECOVERY COACHING

**\$91,341** for 253 participants



Job Training



### CAREER BUILDING INITIATIVE

**\$986,373** for 937 people to enroll in Job Readiness programs designed for people with substance use disorders

**\$731,685** for 236 people to enroll in Occupational Training programs

**\$946,162** in work study benefits (WSBs) paid to participants

3,419 disenrolled from ATR\*

Average per participant cost: **\$1,865**

**31** audits per year for all ATR organizations to monitor compliance



www.MA-ATR.org

\*Statistics cover participants enrolled in ATR under the federal State Targeted Response to the Opioid Epidemic (STR), the 3rd wave of federal funding for ATR in Massachusetts. STR enrollments began 9/1/17. Service data is current as of 1/31/19. An additional 2,098 people enrolled in STR have not yet completed the program and will continue to receive services.



**The process of recovery from substance use disorders (SUDs) is a personal one with physical, mental and emotional dimensions. Sometimes individuals who are committed to maintaining their recovery encounter obstacles that get in the way of their recovery and treatment. Access to Recovery (ATR) is there to help them.**

---

ATR is a government-funded program in Massachusetts that gives people in early recovery from SUDs wider access to a full range of community services that can help them be successful, including individualized recovery planning and coaching, basic needs (e.g. transportation to get to treatment and jobs, clothing, hygiene products, government ID cards needed for employment) and the Career Building Initiative (CBI) providing job readiness and occupational training services. ATR operates in four cities: Boston, Springfield, Worcester and New Bedford.

Now in its 9th year, ATR has enrolled 24,000 individuals and has provided them with millions of dollars in critical services to help on their paths to recovery.

## GLOSSARY OF ATR TERMS

- **ENROLLMENT** - Intake includes eligibility confirmation, conducting mandated state and federal baseline assessments, identifying recovery goals and the plans to support those goals, analyzing and prioritizing basic needs, and discussion of recovery coaching and employment training.
- **RECOVERY PLANS** outline the participant's goals for their recovery, identifying the support they need to achieve those goals.
- **RECOVERY COACHES** meet with participants in person and serve as personal guides and mentors as participants navigate their recovery to provide individualized support, learn skills to live a holistic and healthful lifestyle, and help their connection to a supportive recovery community.
- **BASIC NEEDS** vouchers are for clothes (e.g. winter coat, work clothes); hygiene products; strollers, car seats, and other children's items; items required for work (e.g. hammer for carpenter); inexpensive cell phones; duplicate copy of birth certificates needed for state ID/Driver's license; and other items to support recovery.
- **TRANSPORTATION** passes (weekly/monthly bus/subway) provided to participants to allow travel to: treatment for substance use disorders, jobs/job training, therapy, support groups like NA/AA, recovery activities, probation/parole visits, and visits with children, supportive family, and friends.
- **IDENTIFICATION CARDS** such as state IDs or driver's licenses are needed for work, education, government services, etc. Many people in recovery, particularly those recently released from incarceration, have no official photo ID.
- **HEALTH AND WELLNESS ACTIVITIES** include reduced-cost gym memberships to alleviate stress (which can lead to relapse) and improve health, and co-pays for medical visits, eye glasses, etc.
- **HOUSING SUPPORT** is a small but critical element of ATR, often bridging the huge gap between what participants can and cannot afford to begin living outside of in-patient treatment programs, incarceration or homeless shelters.
- **EDUCATION PROGRAMS** include GED, HiSET, ESOL, trade school that are not covered under the Career Building Initiative (CBI) program.
- **JOB READINESS PROGRAMS** include introduction to employment, career exploration, occupational outlooks, and financial literacy.
- **OCCUPATIONAL TRAINING PROGRAMS** provide the necessary training and career preparation for individuals to find jobs in fields such as: culinary/food services; office skills; computer training; customer service; commercial cleaning; hospitality; building trades, and other opportunities.
- **WORK STUDY BENEFITS (WSBs)** of \$8 per hour are paid to participants while enrolled in CBI programs to provide income for daily living and as an incentive to complete the programs.
- **VOUCHER MANAGEMENT** is a critical component of ATR. Coordinators use a sophisticated software system to issue and track vouchers to pay for everything from basic needs shopping, Registry of Motor Vehicles (RMV) fees, gym memberships, recovery coaching and CBI programs. Checks are always payable to the organization receiving the money (e.g. RMV, discount department store), not the participant, except for the work study benefits.
- **MONTHLY CHECK-INS** on recovery activities allow ATR Coordinators to discuss participants' progress in their recovery plans, including involvement in CBI programs, employment, recovery coaching, etc.
- **ATR DISENROLLMENT INTERVIEWS** conducted by the ATR Coordinator includes updated state and federal assessments at the end of ATR to track outcomes, including progress on recovery goals, and other indicators such as self-reports on sobriety, employment, living situation, etc. Coordinators make referrals to support continued recovery.
- **YEARLY AUDITS** of electronic and paper records and site visits for every organization ensures programmatic, administrative and fiscal compliance.