

For ATR Participants

Support for You as You Travel on Your Path to Recovery



ATR COORDINATOR SUPPORT

ATR Coordinators help you develop a recovery plan based on your individual recovery goals, and provide ongoing support, care coordination, and referrals to other services.

INDIVIDUAL RECOVERY COACHING

You can get your own personal coach and cheerleader to help you navigate the ups and downs of your recovery.

CAREER BUILDING INITIATIVE

ATR's Career Building options are like "a boot camp" for how to get a job and train you for a specific occupation, even if you have a criminal record.

SOBER HOME SUPPORT

If you are eligible, housing assistance is offered to help pay for rent in sober homes that are certified by (MASH) Massachusetts Alliance for Sober Housing. Along with the financial support, you also receive support from a special Recovery Coach throughout the time you live in the sober home.

CRITICAL BASIC NEEDS

You will have access to a fund that you can use – as you and your ATR Coordinator determine best – for things like purchasing clothing, hygiene products, transportation pass, cell phones, IDs, and children's items.

GIFT CARD

As a thank you for participating in the 6- month disenrollment interview, ATR will give you a gift card.

Enrollment in Access to Recovery (ATR) offers the following services over a 6-month period:

Setting Recovery Goals and Developing a Recovery Plan

Your ATR Coordinator will help you identify your recovery goals for the six months that you are in ATR. This Recovery Plan will help you get the most "bang for your buck" from the ATR program, and will be important to track your progress to celebrate your successes and learn from your challenges.

Recovery Coaching

An ATR Recovery Coach can support you by serving as a personal guide and mentor as you navigate your recovery. A Recovery Coach will provide you individualized support, teach you skills to live a holistic and healthy lifestyle, and help you connect to a supportive recovery community.

Basic Needs Fund

You are given a fund of money that you can use to cover some of your and your children's basic needs. You will work with your ATR Coordinator to determine how best to use this fund:

Some Examples:

- Clothing, hygiene products, cell phones
- ID replacement: birth certificate, driver's license, state ID
- Health and Wellness: co-pays, eyeglasses, gym memberships
- Children's Needs: pack and play, car seat, stroller
- Transportation passes to help you get to treatment, recovery support services, training programs, work or school



“ATR helped me get clothes and get around the city. I had never written a resume before. I learned how to use computers and how to be a professional and a citizen again. I have a whole new life thanks to this program.”



ATR PARTICIPANT

Sober Home Support Services

If you are referred by your treatment provider for this service, you will work with an ATR Housing Coordinator who will help you find an appropriate MASH Certified Sober Home to live in. Once placed into a sober home, ATR will provide rental assistance to live there. Additionally, you will get individualized support from an ATR Recovery Coach throughout your time living in the sober home, who will help you with the transition, with any obstacles or challenges you might face, and to help you plan for permanent housing once you are ready to leave the sober home.

Career Building Initiative

Innovative job training support services customized for people with substance use disorders who face multiple barriers to employment.

The goal of ATR’s Career Building services is to help you explore careers, become more employable, and ultimately to find a job. All the employment programs start off with a mandatory job readiness program which then leads to occupation-specific job training so you will develop the skills necessary to obtain a job. All training programs are designed to get you right into a paid job!

Are you worried about having a criminal record?

ALL of the job training programs have been selected because they train in fields that are open to hiring people who have criminal records. Some of the Career Building services can even help you get your criminal record sealed if you are eligible. If you have a criminal record, don’t let that stop you from exploring the Career Building Initiative. **If you are willing to work hard on your recovery, ATR is willing to work hard to help you get a job!**

Who pays for these services?

You can apply to receive a fully paid sponsorship, through ATR, to the job training program of your choice.

An ATR sponsorship includes:

- Paid-in-full tuition costs
- Technology equipment for your use during training
- Books and supplies
- Income while in training: You get paid to get trained! You will receive \$10 per hour for every hour of attendance in the job training program.



Frequently Asked Questions About Administrative Fees

Are there fees I have to pay when I use my basic needs fund?

There are administrative fees that apply when you use your basic needs fund. This is because there is staff time and business office tasks required to provide you the money from your fund. This costs money and therefore, out of your fund, you will have to pay for these costs through a set of fees. Here is a list of what you are expected to pay for:

- **Check writing fees:** For every check that is written on your behalf there is a \$15 check writing fee.
- **Personal shopping fees:** For every shopping trip you take (either in person or online) there is a \$30 personal shopping fee.