

## How ATR Provides Support to Individuals on their Path to Recovery from Substance Use Disorders



### **ATR COORDINATOR SUPPORT**

ATR Coordinators help participants develop a recovery plan based on their own individual recovery goals, and provide ongoing support, care coordination, and referrals to other services.

### **INDIVIDUAL RECOVERY COACHING**

Participants can get their own personal coach and cheerleader to help them navigate the ups and downs of their recovery.

### **SOBER HOME SUPPORT**

If eligible, housing assistance is offered to help pay for rent in sober homes that are certified by (MASH) Massachusetts Alliance for Sober Housing. Along with this financial support, participants also receive support from a special Recovery Coach throughout the time they live in the sober home.

### **CAREER BUILDING INITIATIVE**

ATR's Career Building options are like "a boot camp" for how to get a job and train participants for a specific occupation, even for those who have a criminal record.

### **CRITICAL BASIC NEEDS**

Participants each receive a special fund that they can decide how to use to purchase items like clothing, hygiene products, transportation passes, cell phones, ID's, and items for their children.

### **GIFT CARD**

As a thank you for participating in their 6-month disenrollment interview, ATR will give participants a gift card.

### **Enrollment in Access to Recovery (ATR) offers the following services over a 6-month period:**

#### **Setting Recovery Goals and Developing a Recovery Plan**

ATR Coordinators help participants identify their recovery goals for the six months that they are in ATR. This will help determine what services will be best to help meet those goals.

#### **Recovery Coaching**

An ATR Recovery Coach can provide support by serving as a personal guide and mentor as participants navigate their recovery. A Recovery Coach provides individualized support, teaches skills to live a holistic and healthy lifestyle, and helps participants connect to a supportive recovery community.

#### **Basic Needs Fund**

Participants are given a fund of money that they can use to cover some of their basic needs and needs of their children. They work with their ATR Coordinators to choose how to best use this fund.

#### **Some Examples:**

- Clothing, hygiene products, cell phones
- ID replacement: birth certificate, driver's license, state ID
- Health and Wellness: co-pays, eyeglasses, gym memberships
- Employment and Education Needs: clothes for a job interview, specialized tools or work materials, such as a hammer for a carpenter or work boots for construction sites
- Children's Needs: pack and play, car seat, stroller
- Transportation passes for buses or subways to attend treatment, recovery support services, training programs, work or school



“ATR helped me get clothes and get around the city. I had never written a resume before. I learned how to use computers and how to be a professional and a citizen again. I have a whole new life thanks to this program.”



ATR PARTICIPANT

### Sober Home Support Services

If referred by a treatment provider for this service, participants will work with an ATR Housing Coordinator who will help them find an appropriate MASH Certified Sober Home to live in. Once placed into a sober home, ATR will provide rental assistance to live there. Additionally, they will get individualized support from an ATR Recovery Coach throughout their time living in the sober home, to help them with the transition, any obstacles or challenges faced, and help planning for permanent housing once they are ready to leave the Sober Home.

### Career Building Initiative

*Innovative job training support services customized for people with substance use disorders who face multiple barriers to employment.*

The goal of ATR's Career Building services is to help participants explore careers, become more employable, and ultimately to find a job. All the employment programs start off with a mandatory job readiness program which then leads to occupation-specific job training to develop the skills necessary to obtain a job. All training programs are designed to get our participants right into a paid job!

### Does having a criminal record impede job placement at the end of the training?

ALL of the job training programs have been selected because they train in fields that are open to hiring people with criminal backgrounds. Some of the Career Building services can even help someone get their criminal record sealed, if eligible. A criminal record should not stop anyone from exploring the Career Building Initiative. **If participants are willing to work hard on their recovery, ATR is willing to work hard to help them get a job!**

### Who pays for these services?

Participants can apply to receive a fully paid sponsorship to the job training program of their choice.

An ATR sponsorship includes:

- Paid-in-full tuition costs
- Purchase of technology equipment for their use while in training
- Books and supplies
- Income while in training: They get paid to get trained! Participants receive \$10 per hour for every class hour of attendance.

SINCE ATR BEGAN, ATR HAS PAID OUT \$12 MILLION IN SPONSORSHIPS FOR CAREER BUILDING SERVICES.