



Do You Have A Loved One Struggling With Substance Use Disorder? YOU ARE NOT ALONE!

What is Learn to Cope?

Learn to Cope is a non-profit organization that offers family focused peer-support for parents and loved ones of those impacted by substance use disorder. LTC offers FREE weekly online ZOOM meetings where members gain education about the disease of addiction, share their experience as family members, exchange resources and most importantly share hope.

Interested in joining a meeting?

LTC ZOOM meetings are FREE and confidential. Please visit the Contact page on our website www.learn2cope.org and click on the Stay Connected button. A member of our team will follow up with you. For additional questions or more information feel free to call our office at 508-738-5148.



ZOOM Meetings
Monday – Thursday
7 - 8:30 PM

Stigma Free
Peer-Support

Guest Speakers

Private 24/7 Online
Discussion Board

Confidential & FREE

Overdose Prevention,
Training &
Access to Narcan

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