



# ATR's SOBER HOME SERVICES

## Two parallel GOALS for ATR's Sober Home service

1. Provide stable housing for several months to ATR participants who are housing insecure and are motivated to attend job training to build their skills so they can find a job and be able to pay rent on their own.
2. Empower ATR participants to develop financial independence and self-sufficiency so that when their time in ATR ends, they will be able to pay the rent on their own.

## WHO?

### Who is eligible for sober home services?

- Individual must be a current active ATR participant
- Individual must have a housing need at the time of referral. Anyone already living in a sober home is not eligible
- Individual who has an income from a job is not eligible. This is because they already have the means to pay for their own rent and do not need a government subsidy
- Individual must be either:
  - Enrolled (or soon-to-be enrolled) in ATR's job training program and receiving *work-study benefit* checks from ATR
  - NOTE: Everyone who attends an ATR job training program is paid an income while they are in training. This is so that they can concentrate on their training without the distraction of worrying about income needs during the training period.

*(Participant must be willing to find employment upon completion of the training program. Job search will be closely monitored and if not progressing, individual may be terminated from the Sober Home service).*

### OR

- Receiving SSI/SSDI income. Recognizing that the monthly amount obtained through SSI/SSDI is often insufficient to pay rent and keep a household running, it is optimal for the individual to find a part-time job to increase their income.

*Prior to being considered for enrollment in the sober home service, the referral portal will refer everyone on SSI/SSDI to a BENEFITS COUNSELOR who will work with them individually to understand their benefits and how much they can earn through employment without losing any of their benefits. The ultimate goal is that, even though receiving public benefits, they should find employment to augment their income.*

*If the individual is not willing to meet with a BENEFITS COUNSELOR, s/he will not be enrolled in the Sober Home service.*



## WHAT?

### What do ATR participants receive if enrolled in sober home services?

- Assistance with the application process to MASH certified sober homes
- Placement and move-in support into a MASH certified sober home
- Up to 5 months of rent paid to a MASH certified sober home
- Individualized support from a peer Recovery Coach every week. This is a mandatory wrap-around support. Recovery Coaches will support individuals with transition into the new living arrangement, assistance with any issues that may develop between the participant and the sober home staff or other residents, long term housing planning, and job search assistance and progress monitoring.

## WHEN?

### When during the recovery process should someone be referred to ATR and its sober home service?

An individual should be stabilized with their new recovery and new medications prior to making a referral. The individual should be at a point in their recovery process when they can begin to start thinking of their long-term goals in the future and be stable enough to be able to live in a more independent living situation (such as a sober home).

## WHERE?

### ATR's sober home service is available to ATR participants in the five cities ATR operates:

- Boston
- Worcester
- New Bedford
- Lowell
- Springfield/Holyoke

## WHY?

### Why does ATR think rental assistance is so important?

There are serious health impacts of not having a stable and safe home, especially for people living with substance use disorders. Housing stability is a critical factor that can impact one's recovery success or failure.

## HOW?

### HOW TO REFER into this sober home service?

- Referrals must come from a substance use treatment or recovery provider from within the ATR authorized referral portal network. It will be up to the treatment provider to make the clinical judgement about the individual's readiness for a more independent living environment. Providers should wait until the individual is stabilized with treatment and medication before referring to the sober home service.
- Refer into MA ATR electronically through the ATR website: [ma-atr.org/soberhome/](http://ma-atr.org/soberhome/).

## FOR MORE INFORMATION:



Visit ATR's website – [www.ma-atr.org](http://www.ma-atr.org)  
Click on the tab for Sober Home Services



Please call the ATR offices at:  
(855) 491-4567