

**Massachusetts Access to Recovery (ATR) is a 6-month program for individuals who have a substance use disorder (SUD) and are seeking to change their lives.**

Through a participant-driven approach, ATR empowers participants to set recovery goals unique to their specific needs and connects them to various recovery support services for basic needs, employment, and recovery coaching.



## ATR CARE COORDINATION

ATR Care Coordinators work one-on-one with our participants to assess their needs, guide them as they design their recovery path forward, connect them to resources in the community, and provide them with support throughout their time in the program. Through this relationship, participants are empowered to make their own decisions about their recovery.

## BASIC NEEDS

ATR supports every participant's specific needs with a Basic Needs Fund. With the support of their ATR Care Coordinator, ATR participants can choose how to best utilize this fund. Participants have used this fund to cover expenses for:

- utility bills
- cell phones
- hygiene products
- transportation passes,
- clothes and shoes
- ID cards, and more.

While these may seem small, ATR steps in to remove these barriers so participants can continue focusing on their recovery.



## RECOVERY COACHING

ATR Recovery Coaches provide extra peer support and guidance to ATR participants that need it. Recovery Coaches are often in long term recovery, positioned to walk alongside others as they navigate recovery. They guide participants as they make lifestyle shifts that will improve their quality of life, because they understand the difficulty our participants face in recovery.



## CAREER SERVICES

ATR Career Services is built on the foundation that when people in recovery are employed, they experience positive life outcomes. ATR Career Services includes job readiness and job training opportunities where ATR participants build their skillset to enter the workforce and receive work study benefits to begin their path to self-sufficiency. From the time participants are enrolled in the program, they are encouraged to begin exploring their employment interests and options.

### CAREER SERVICES:

#### JOB READINESS PROGRAM *PATHS TO EMPOWERMENT (P2E)*

ATR offers the Paths to Empowerment (P2E) job readiness program in partnership with Massachusetts Career Centers (MassHire) to prepare participants for the workplace by helping them build confidence, create a career portfolio, practice interview skills, and more so they feel empowered to take the next step in their careers.



### CAREER SERVICES: OCCUPATIONAL JOB TRAINING

ATR partners with experienced trainers that offer job training programs for various career paths and sponsors eligible participants with funds to cover tuition, supplies, and a work study benefit stipend. ATR prioritizes programs that train in fields that are most receptive to hiring people with past criminal legal involvement including:

- food service
- HVAC
- computer technology
- office skills
- and more